

BEFORE TREATMENT

Monitoring and Safety

Before each injection, the team confirms the exact product, dose, due date, relevant health changes, preparation requirements, and medication-specific monitoring.

Side effects and warning signs vary by medication. Review the Medication Guide for your specific product and tell the team promptly about concerning symptoms or changes in your health or medications.

- Complete required oral trials, overlap, starter doses, labs, authorization, and medication delivery before treatment
- Tell the team about pregnancy, allergies, substance use, new medications, or significant health changes
- Review your next injection date, oral-medication instructions, warning signs, and missed-dose plan before leaving
- Call promptly about side effects, worsening symptoms, or an injection received somewhere else

My injection plan

Medication and dose

Next dose due

Prescriber

Specialty pharmacy

Oral overlap

Labs or monitoring

Missed-dose contact



Medication availability, eligibility, scheduling, and insurance coverage vary. A clinical evaluation is required.



QUESTIONS?

Questions about injectable treatment?

Our team can review whether an LAI may fit, coordinate with your existing prescriber, and explain medication-specific side effects, scheduling, insurance, and next steps.



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Already Stable on an Injectable?

If you are doing well on an LAI, we will review your current plan and determine whether we can safely continue it or coordinate support with your existing prescriber.

Compassionate care. Science-backed results.



Long-Acting Injectables

In-person medication support and monitoring



Clinical evaluation



In-office administration



Insurance and pharmacy coordination



Ongoing monitoring



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When a Long-Acting Option May Fit Better

Taking medication every day can be difficult. Depending on the medication, long-acting injections may be given weekly, monthly, or every several months. The choice depends on diagnosis, treatment history, insurance coverage, and personal goals.

Even when psychiatric care is provided virtually, injections require reliable in-person services. With more than 20 years of psychiatric and addiction experience, BioMental can provide evaluation, medication management, injections, and monitoring or collaborate with your current prescriber.

What Could Better Treatment Support Look Like?

- Fewer daily medications to remember
- More consistent treatment between appointments
- Reliable in-person monitoring
- Coordination among you, your prescriber, pharmacy, and clinic

Before Your First Appointment

- Share the medication, dose, and last injection date
- Provide your prescriber, pharmacy, and insurance information
- Confirm how the medication will reach the office
- Ask about authorization, oral medication, labs, or observation

What Are Long-Acting Injectables?

Long-acting injectables, or LAIs, release medication gradually and are administered on a schedule instead of requiring a daily pill. Depending on the medication, injections may be given weekly, monthly, or every several months.

Some LAIs treat schizophrenia, schizoaffective disorder, or bipolar I disorder. Others are used for alcohol or opioid use disorder. The approved diagnosis and schedule depend on the specific medication.

Who May Consider an LAI?

An LAI may be considered when fewer doses or scheduled care would better support treatment. For some patients and families, a scheduled injection can make it clearer when medication was received and reduce the need to track a daily dose.

Choosing an LAI is a personal decision that should be voluntary and based on informed consent. You remain central to the decision.

- Prefers fewer medication doses
- Has benefited from and tolerated an oral or related medication
- Wants structured, trackable care and can attend scheduled injection appointments

Choosing an LAI Together

The treatment team reviews diagnosis and treatment history, previous benefits and side effects, preferred schedule and injection route, monitoring and oral-medication requirements, medication availability, insurance coverage, and cost.

LAI formulations are not interchangeable. Initiation, oral overlap, observation, and missed-dose instructions vary by product.

- How will this affect my oral medications?
- What preparation or monitoring is required?
- What should I do if my dose is delayed?

Examples of Long-Acting Medications

Availability, eligibility, and insurance requirements vary. Your clinician will confirm the exact medication and schedule.

Psychiatric medications

ABILIFY MAINTENA® Aripiprazole · Monthly	IM
ABILIFY ASIMTUFI® Aripiprazole · Every 2 months	IM
ARISTADA® Aripiprazole lauroxil · Monthly, every 6 weeks, or every 2 months	IM
ARISTADA INITIO® † Aripiprazole lauroxil · One-time initiation dose	IM
INVEGA SUSTENNA® Paliperidone palmitate · Monthly	IM
ERZOFRI® Paliperidone palmitate · Monthly	IM
INVEGA TRINZA® Paliperidone palmitate · Every 3 months	IM
INVEGA HAFYERA® Paliperidone palmitate · Every 6 months	IM
RISPERDAL CONSTA® Risperidone · Every 2 weeks	IM
RYKINDO® Risperidone · Every 2 weeks	IM
UZEDY® Risperidone · Monthly or every 2 months	SQ
ZYPREXA RELPREVV® ‡ Olanzapine pamoate · Every 2 or 4 weeks	IM
HALDOL DECANOATE® / generics Haloperidol decanoate · Usually every 4 weeks	IM
Generic formulations Fluphenazine decanoate · Individualized; often every 3–4 weeks	IM or SQ

Alcohol and opioid use disorder treatment

VIVITROL® Extended-release naltrexone · Every 4 weeks or monthly	IM
SUBLOCADE® Extended-release buprenorphine · Monthly	SQ
BRIXADI® Extended-release buprenorphine · Weekly or monthly	SQ

IM: intramuscular · SQ: subcutaneous

Intervals vary by dose, diagnosis, previous treatment, and individual response. Follow instructions for the exact product and formulation.

† Initiation dose only; not a maintenance injection.

‡ Restricted program; at least three hours of observation after every injection.